

Employment Opportunity

Job Title: Lifeguard

When: April 25th 10:00am-5:00pm and April 26th 12:00pm-5:00pm (lunch break)

Where: Lincoln College Scully Natatorium

Instructor: Amber Jordan (618) 520-3232

Cost: \$250 (To Lincoln Park District)

Books are included and may be downloaded online.

Must attend all classes to become certified.

****This will be a blended learning class where students will need to have all online work completed by April 24th at 9pm. The link is provided below****

<http://redcrosslearning.com/course/73031950-15c1-11e7-b4e0-51657ecd06af>

Please print off progress and bring on the 25th to class.

Be prepared to spend about 10 hours working on online videos and tests.

Requirements to pass:

- Must be at least 15 years old
- Swim 300 yards continuously, demonstrating breath control and rhythmic breathing
 - Tread water for 2 minutes using only the legs.
- Complete a timed event within 1 minute, 40 seconds
 - Starting in the water swim 20 yards
- Surface dive to a depth of 7 to 10 feet to retrieve a 10 pound brick
- Surface and swim 20 yards on back, with both hands on the object
 - Exit the water without using a ladder or steps

****Call the Lincoln Park District at 217-732-8770 to register****

****Payment is due by April 15th at 4:00pm****



lincolnparkdistrict.com